

CHAOS WHISPERER HEALTHCARE LEADERSHIP



**TRADITIONAL LEADER:
BURNOUT**



**CHAOS WHISPERER:
GROUNDED**



**PROTECT THEIR
TIME FIRST**

Intentionally
focuses on
what matters
most.

Doesn't let
every demand
dictate their
day.



**BALANCE THEIR
WORKLOAD**

Stops blindly
absorbing
work.

Evaluates
what truly
belongs to
them.



**HOLD BOUNDARIES
CONSISTENTLY**

Communicates
limits clearly,
calmly &
professionally.

Not
aggressively.



**REGULATE THEIR
NERVOUS SYSTEM**

Leads from
clarity, not
reactivity.

Grounding
directly shapes
communication
& decisions.



**STAY CONNECTED
TO MEANING**

Remembers
why they chose
healthcare.

Lets purpose
guide their
leadership as a
healer, not a
harmer.

YOU ARE NOT MEANT TO PROVE YOUR WORTH THROUGH EXHAUSTION



CUSTOMIZED CHAOS WHISPERER WORKSHOPS & MORE

Customized to your team's needs, budget and availability
Select from the 5 pillars based on highest priority or challenges

Workshops



All pricing is for in-person, all CE-eligible

Half Day: \$5,500 (+ travel)

- 4 hours, high level w/ 2-3 tools

Full Day: \$10,500 (+ travel)

- 8 hours, in depth w/ all tools
- 30 & 60-day check in's to ensure full adoption & offer additional support

Presentations

Webinars (virtual)

- 30 minutes: \$500, 60 minutes: \$750

Keynotes (in-person)

- 60-90 minutes: \$3,500 (+ travel)

Custom content outside of CW pillars: \$500-\$2,000 add'l



Clients & Testimonials



“ Amazing! Practical tools I needed ”



“ Megan is a great speaker. Loved this ”



“ I felt like she was talking directly to me. Needed this ”

SIGNATURE CHAOS WHISPERER WORKSHOPS



Simplify To Impact

- Full Day with tools, frameworks & team-building
- Protecting Time, Managing Workload, Holding Boundaries & Grounding Nervous System
- 30 & 60 Day Check In's w/ attendees & leaders
- \$10,500 (+ travel)

Nurse Manager Workload

- Full Day with workload reduction tools & team-building
- Remove low impact work to make room for higher level
- Develop "Top 10" priorities to create balance for NMs
- Partner w/ Senior Nurse Leaders for adoption
- \$10,500 (+ travel)



Sacred Vocation

- 5 separate 90-min sessions & a Graduation Ceremony
- Virtual or in-person
- Help all healthcare leaders reconnect w/ meaning & joy
- Facilitated w/ permission from UT Health Science in Houston
- \$10,500 (+ travel for in-person)

