

# Dr. Megan Carter

HEALTHCARE & LEADERSHIP EXPERT

 [MC Health Care Consulting LLC](#)

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## INTRODUCTION

Dr. Megan Carter DNP, RN, NEA-BC is the President & Founder of MC Health Care Consulting LLC, home of the Chaos Whisperer Movement where she shares over 18 years of nursing and executive experience with clients & audiences across the country. She is the host of "The Chaos Whisperers of Healthcare" a weekly podcast that features real, solutions-focused conversations with healthcare leaders navigating the complexities of burnout, innovation, and leadership in today's chaotic healthcare system. Dr. Carter is an AONL Nurse Executive Fellow with a DNP in Executive Leadership from Duke University and board certified as an Advanced Nurse Executive.

## SIGNATURE PRESENTATIONS

### The Chaos Whisperer's Guide Signature Keynote

Sharing her powerful story, Dr. Carter gives audiences the inspiration and tools to view leadership in a new light: one without burnout or loss of self in the process

### Chaos Whisperer Workshops

Empower busy healthcare leaders to reclaim protected time each week to focus on what matters most with proven tools, templates & practical strategies. Healing broken systems by healing leaders first.

### Nurse Manager Workload Workshop

Empower nurse managers to get out of survival mode. They clarify & prioritize the highest impact work and regain control of their day so they can focus on what matters most: their teams & patients



## RECENT CLIENTS



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*Thank you for delivering such an inspiring Chaos Whisperer session. Your message reminded our nurse leaders that even in the most unpredictable moments, calm is a skill, clarity is a choice, and leadership is an act of steady courage. You helped us see that guiding teams through chaos isn't about having all the answers, it's about creating space for resilience, purpose, all while prioritizing self-care. - Joanne Muturi, Director Prof Development, Parkland Health Hospital*

