

Simplify to Impact

Clear the chaos, lead with impact

Free up 4-8 hours in your work week



Problem

US healthcare leaders today face many workload challenges:

- Triple-booked calendars leaving no time for EBP such as employee engagement activities
- Duplicative and wasteful meetings that do not drive metric improvement
- Overwhelming administrative burden such as audits, reports and presentation preparation
- Long hours and being on call 24/7



With a DNP in Executive Leadership from Duke University and board certification as an Advanced Nurse Executive, Dr. Carter helps leaders go from surviving to thriving



1 Day Workshop

Designed for today's busy healthcare leader, attendees learn innovative strategies to create protected time during their week to focus on what matter most.

Benefits include:

- Free up 4-8 hours per week per leader (protected time)
- CNE can create shared expectations on how to leverage newly protected time to advance nursing and org strategic initiatives
- Create new shared norms around Email behaviors, Managing meeting invites & attendance, Communicating workload, Boundaries & balance at work
- Retention strategy
 - Increased job satisfaction by getting back time and being more efficient with projects and tasks
 - Reduce workload fatigue and the moral distress associated with it
- Team building
 - Real world challenges are acknowledged, shared and addressed as a group
- CE eligible
- Magnet story material

TOOL EXAMPLES

Calendar Triage

Run all meeting invites through the triage tool & create protected time to focus on what matters most

Meeting Streamlining

Eliminate wasted time and drive action in between meetings

Leverage AI

Leverage prompting skills to reduce your administrative burden

Manage Email Inboxes

End the insanity of common pain points & get back more time



J.S., SENIOR MANAGER



Having protected time every week to round on my departments has been an absolute game changer! Why couldn't we get this training years ago? This is so freeing. Simplify to Impact should be required for everyone in healthcare.



Workshop Attendee Feedback

4.9/5 on CE evaluations for:

- Effectiveness of workshop
- Speaker expertise
- Overall quality of workshop
- Being equipped to sustain strategies long term



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