Simplify to Impact

Clear the chaos, lead with impact

Free up 4-8 hours in your work week



US healthcare leaders today face many workload challenges:

- Triple-booked calendars leaving no time for EBP such as employee engagement activities
- Duplicative and wasteful meetings that do not drive metric improvement
- Overwhelming administrative burden such as audits, reports and presentation preparation
- Long hours and being on call 24/7



With a DNP in Executive Leadership from Duke University and board certification as an Advanced Nurse Executive, Dr. Carter helps leaders go from surviving to thriving

হিন্দু 1 Day Workshop

Designed for today's busy healthcare leader, attendees learn innovative strategies to create protected time during their week to focus on what matter most.

Benefits include:

- Free up 4-8 hours per week per leader (protected time)
- CNE can create shared expectations on how to leverage newly protected time to advance nursing and org strategic initiatives
- Create new shared norms around Email behaviors, Managing meeting invites & attendance, Communicating workload, Boundaries & balance at work
- Retention strategy
 - o Increased job satisfaction by getting back time and being more efficient with projects and tasks
 - Reduce workload fatigue and the moral distress associated with it
- Team building
 - o Real world challenges are acknowledged, shared and addressed as a group
- CE eligible
- Magnet story material

TOOL EXAMPLES

Calendar Triage

Run all meeting invites through the triage tool & create protected time to focus on what matters most

Meeting Streamlining

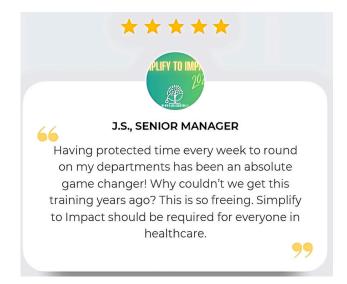
Eliminate wasted time and drive action in between meetings

<u>Leverage Al</u>

Leverage prompting skills to reduce your administrative burden

Manage Email Inboxes

End the insanity of common pain points & get back more time



4.9/5 on CE evaluations for:

- Effectiveness of workshop
- Speaker expertise
- Overall quality of workshop
- Being equipped to sustain strategies long term



